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**How to hold to the truth**

# Truth Decay

You shall not give false testimony  
against your neighbour

Exodus 20:16

How to hold to the Truth

You belong to your father, the devil, and you want to carry out your father's desire. He was a murderer from the beginning, not holding to the truth, for there is no truth in him.

When he lies, he speaks his native language, for he is a liar and the father of all lies.

John 8:44



How to hold to the Truth

Don't become so well adjusted to your culture  
that you fit into it without even thinking.  
Instead, fix your attention on God.  
You'll be changed from the inside out.

Romans 12:2 MSG

In fact, the reason I was born and came into the world is to testify to the truth. Everyone on the side of truth listens to me.

John

18:37

# THINK

**T - is it true?**

**H - will it help?**

**I - is it inspired?**

**N - is it necessary?**

**K - is it kind?**

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Even if I bear witness about myself,  
my testimony is true.

8:14

John

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our  
Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,**

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**was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from  
the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.**

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**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.**

**Amen.**

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