



Enjoying Communion

with help from King David

26 October 2025

David – a man after the Lord's own heart

After Saul disobeyed God's command Samuel tells him

*¹⁴ But now your kingdom shall not endure. **The LORD has sought out for Himself a man after His own heart, and the LORD has appointed him as ruler over His people, because you have not kept what the LORD commanded you.***

1 Samuel 13:14 (NASB 1995)

(Unless stated otherwise biblical quotes are from NASB 1995)



Some of David's attributes

As well as being a great warrior David knew how to pray and many of his prayers are recorded in the Psalms.

He also knew how to repent and humble himself before God

*David knew how to **commune** with God!*

*“to **commune**” means to share one's intimate thoughts or feelings with someone, especially on a spiritual level*

Today we'll look at how David helps us commune with God



Outline: Help from King David for us today

1. Communion: a time to remember and reflect
2. A prophecy David received about the Kingdom of God
3. A prophecy of David's at the birth of the Church
4. Some comments Jesus made about God's Kingdom
5. What the Church is called to do
6. How David's prayers can help, and
7. Praying Psalm 143 together

A copy of these slides will be on the website. Some further scriptures to have a look at

Matthew 13 (7 kingdom parables) Psalms 1, 5, 23, 51, 63



Communion: a time to remember what Christ is doing

²³ . . . the Lord Jesus in the night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, “This is My body, which is for you; **do this in remembrance of Me.**”

²⁵ In the same way He took the cup also after supper, saying, “This cup is the new covenant in My blood; **do this**, as often as you drink it, **in remembrance of Me.**”

²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until He comes. **1 Corinthians 11:23-26**



Communion

A time to reflect and remember what Jesus did while on earth, what He has done and will do for us, and what He has called us to do. It involves everything Jesus did and is doing!

Involves communing with God through

- Listening – Praying – Meditating – Praising – Giving thanks
- Honouring – Worshiping – Interceding – Learning and Growing
- Reflecting on what he is calling us to do, (and so on)



The future kingdom revealed to David

The Prophet Nathan's prophecy to David

... I will set up one of your descendants after you and I will establish his kingdom. ¹² He shall build for Me a house, and I will establish his throne forever. 1 Chronicles 17:11-14



On the day of Pentecost Peter quoted David

*³² This Jesus God raised up again, to which we are all witnesses. ³³ Therefore having been exalted to the right hand of God, and having received from the Father the promise of the Holy Spirit, He has poured forth this which you both see and hear. ³⁴ . . . **‘The Lord said to my Lord, “Sit at My right hand, ³⁵ Until I make Your enemies a footstool for Your feet.”’** (Acts 2:32-35 NASB 1995)*



Jesus came as an infant and progressed to the throne

1. Came revealing God as a personal Father
2. Preached that the Kingdom of God was being established on earth
3. Instructed His disciples to preach the Kingdom of God
4. Paid the debt of our sin when died on the Cross
5. Conquered death, rose from the grave, and met with his followers
6. Advised them He has been given all authority in heaven and on earth
7. Ascended into heaven
8. Sat down at the Father's right hand
9. Is waiting for His enemies to be made a footstool for His feet



Matthew 13:24-30 – Weeds amongst wheat

Jesus tells a parable about a Landowner who sows good seed in a field

While sowers were sleeping the enemy sows weeds amongst the good seed and this becomes evident after the wheat has sprouted

Landowner realises the enemy has sowed the weeds and tells his servants “An enemy has done this!”

His servants ask, ‘Do you want us, then, to go and gather them up?’

But he said, ‘No; while you are gathering up the weeds, you may uproot the wheat with them. Allow both to grow together until the harvest; and at the time of the harvest I will say to the reapers, “First gather up the weeds and bind them in bundles to burn them; but gather the wheat into my barn.”’



Matthew 13:36-43 the Weeds among Wheat Explained

The **one who sows the good seed is the Son of Man**, and **the field is the world**;

The **good seed are the sons of the kingdom**;

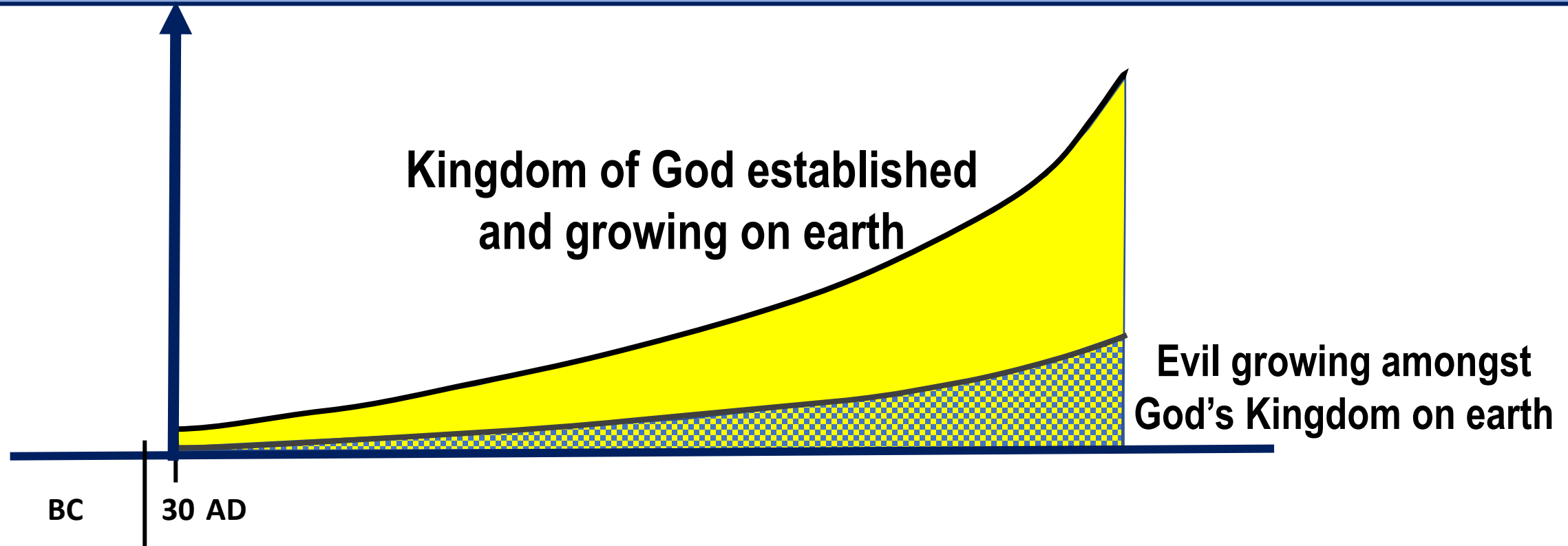
The weeds are the sons of the evil one; the enemy is the devil

The harvest is the end of the age, the reapers are angels. At the end of the age the Son of Man will send forth His angels to gather **out of His kingdom** all stumbling blocks, and those who commit lawlessness, and throw them into the furnace of fire



**Jesus Enthroned,
has all authority on
heaven and earth**

Kingdom of God in Heaven



both Kingdom of God and evil growing together on earth until the harvest

What is a kingdom?

Kingdom – *a country or region that is ruled by a king or queen.* (Collins English Dictionary)
(King's Domain abbreviates to Kingdom)

The kingdom is everywhere the King's rule is manifest
– in individuals, groups, and the physical environment



Some things Jesus said about the Kingdom

²⁰ . . . ***“Blessed [spiritually prosperous, happy, to be admired] are you who are poor [in spirit, those devoid of spiritual arrogance, those who regard themselves as insignificant], for the kingdom of God is yours [both now and forever]. Luke 6:20 AMP***

³³ . . ***seek first His kingdom and His righteousness, and all these things will be added to you. Matthew 6: 33***

²⁰ . . He answered them and said, ***“The kingdom of God is not coming with signs that can be observed; ²¹ nor will they say, ‘Look, here it is!’ or, ‘There it is!’ For behold, the kingdom of God is in your midst.”***

Luke 17:20-22 (Various translations – *within you, amongst you, inside you, in the midst of you, surrounding you*)

²⁰ ***For where two or three have gathered together in My name, I am there in their midst.” Matthew 18:19-21***



Jesus explained how the Holy Spirit would help

⁷ Let me assure you, it is better for you that I go away. I say this because when I go away I will send the Helper to you. But if I did not go, the Helper would not come.

*⁸ “When the Helper comes, **He will show the people of the world how wrong they are about sin, about being right with God, and about judgment.***

John 16:7-8 Easy-to-Read Version



Paul explained we are the temple of the Holy Spirit

- ¹⁹ Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? **1 Corinthians 6:19***
- ¹² For even as the body is one and yet has many members, and all the members of the body, though they are many, are one body, so also is Christ. **1 Corinthians 12:12***
- ²⁷ Now you are Christ's body, and individually members of it. **1 Corinthians 12:27***
- ²⁰ For where two or three have gathered together in My name, I am there in their midst." **Matthew 18:19-21***



We are the temple that Jesus raised up in 3 days

*¹⁸ The Jews then said to Him, “What sign do You show us as your authority for doing these things?” ¹⁹ **Jesus answered them, “Destroy this temple, and in three days I will raise it up.”** ²⁰ The Jews then said, “It took forty-six years to build this temple, and will You raise it up in three days?” ²¹ But **He was speaking of the temple of His body.** ²² So when He was raised from the dead, His disciples remembered that He said this; and they believed the Scripture and the word which Jesus had spoken. John 2:14-22 NASB 1995*



Our role – the Father’s agents on earth!

Remember the Father said to Jesus . . .

“Sit at My right hand, ³⁵ Until I make Your enemies a footstool for Your feet.” (Acts 2:32-35)

Jesus said . . .

¹² “I can assure you that **whoever believes in me will do the same things I have done. And they will do even greater things than I have done, because I am going to the Father.**

John 14:12 Easy-to-Read Version



Paul identified the real fight that is going on

¹² Our fight is not against people on earth. We are fighting against the rulers and authorities and the powers of this world's darkness. We are fighting against the spiritual powers of evil in the heavenly places. Ephesians 6:12 Easy-to-Read Version



It's a spiritual Battle

*⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. **2 Corinthians 10:4 (NIV)***



Jesus tells us to pray for those who persecute us

*⁴⁴ But I say to you, love your enemies and pray for those who persecute you, **Matthew 5:44***



Jesus also declared

*¹⁹ I will give you the keys of the kingdom of heaven; and whatever you bind on earth **shall have been*** bound in heaven, and whatever you loose on earth **shall have been*** loosed in heaven.” Matthew 16:19*

* future perfect passed tense!



Psalm 143 (NASB 2020) A Psalm of David

Prayer for Deliverance and Guidance.

*Hear my prayer, LORD, Listen to my pleadings!
Answer me in Your faithfulness, in Your righteousness!
² And do not enter into judgment with Your servant,
For no person living is righteous in Your sight.*



Psalm 143 (NASB 2020) A Psalm of David v 3-4

*³ For the enemy has persecuted my soul;
He has crushed my life to the ground;
He has made me dwell in dark places,
like those who have long been dead.*

*⁴ Therefore my spirit feels weak within me;
My heart is appalled within me.*



Psalm 143 (NASB 2020) A Psalm of David v 5-6

*⁵ I remember the days of old;
I meditate on all Your accomplishments;
I reflect on the work of Your hands.
⁶ I stretch out my hands to You;
My soul longs for You, like a weary land. Selah.*



Psalm 143 (NASB 2020) A Psalm of David v 7-9

*⁷ Answer me quickly, LORD, my spirit fails;
Do not hide Your face from me,
Or I will be the same as those who go down to the pit.*

*⁸ Let me hear Your faithfulness in the morning;
For I trust in You;
Teach me the way in which I should walk;
For to You I lift up my soul.*

*⁹ Save me, LORD, from my enemies;
I take refuge in You.*



Psalm 143 (NASB 2020) A Psalm of David v 10-12

*¹⁰ Teach me to do Your will,
For You are my God;
Let Your good Spirit lead me on level ground.
¹¹ For the sake of Your name, LORD, revive me.
In Your righteousness bring my soul out of trouble.
¹² And in Your faithfulness, destroy my enemies
And eliminate all those who attack my soul,
For I am Your servant.*

