





Why?



Joy
What is it?



Joy :

a deep and abiding sense of happiness and contentment rooted in spiritual realities, particularly in one's relationship with God and the hope of salvation.

What is your experience of joy?

What is your experience of joy with God?



Numbers 6:24-26

“The Lord bless you
and keep you;
the Lord make his face
shine on you
and be gracious to you;
the Lord turn his face
toward you and give you
peace.”



Psalm 21:6

You make him joyful with
gladness in Your presence.

Psalm 89:15

Blessed and joyful are those who
have learned to acclaim you, who
walk in the light of your presence
LORD.

Psalm 16:11

In your presence there is fullness
of joy.



John 15:9, 11

As the Father has loved me,
so have I loved you.

I have told you this so that
my joy may be in you
and that your joy may
be complete.



Joy

Why do we need it?



Three goals of a disciple

- to be with Jesus
- To be like him
- To do as he did.

John Mark Comer
Practicing the Way



Joy

***Why might we lose
it?***



Big emotions

sadness

anger

fear

shame

disgust

despair



Hebrews 12:2

Let us ...
Fix our eyes on Jesus,
the pioneer and perfecter of faith.

For the joy set before him he
endured the cross, scorning its
shame, and sat down at the right
hand
of the throne of God.



Joy

***How do we get our joy
back?***



Psalm 46:10

Be still,
and know that I am God

Jesus, a still point in a turning world.

a Jules Riding

lyric

1 Thessalonians 5:18

Give thanks in all circumstances,
for this is God's will for you in Christ
Jesus.



With Jesus as your Saviour, dance for joy
Fill your heart with light nothing will destroy
Let your feet move with thankfulness over the
ground
Feel the certainty to know his love will always
abound
With Jesus as your rescuer be filled with song
Feel his presence through your body making
you strong
Lift your arms in everlasting worshipful praise
And invite him to fill you through all your days
With Jesus as your destiny let him fill you
heart
Allow him in each day as you make a start
Speak to him as your friend in quiet prayer
Because you know that your Saviour will
always hear.

Davis , 6th July 2025

Lyn



Joy

*Thank you that
you are our joy*

*In your presence is
fullness of joy*

*We can experience
joy in the midst of
our everyday life*



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Joy