



Communion

25 May, 2025

Ancient insights.

Communion: 1 Corinthians 11:23-26 (NASB 1995)

²³ . . . the Lord Jesus in the night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, “This is My body, which is for you; **do this in remembrance of Me.**”

²⁵ In the same way He took the cup also after supper, saying, “This cup is the new covenant in My blood; **do this, as often as you drink it, in remembrance of Me.**”

²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until He comes.



Remembrance – *remembering, recalling, recollecting, reflecting, reminiscing, mental image, meditating*

Previously we looked at 3 of the ways we can do this

Prayer

Involves talking to God and God talking to you.
(Includes listening!)

Praise

Thanking God for the things he has done, is doing, & is going to do.

Worship

Adoring God, not so much for what He has done, but for who He is.

(Definitions from Selwyn Hughes in Every Day With Jesus)

Today let's look at some bible verses to add **reflecting** and **meditating** on Christ for what he has done for us



A mystery is revealed in the new testament

Colossians 1:26-27 (NASB1995)

²⁶ . . the mystery which has been hidden from the past ages and generations, but has now been manifested to His saints,

*²⁷ to whom God willed to make known what is the riches of the glory of this mystery among the Gentiles, which is **Christ in you, the hope of glory.***

*(Amplified version: **Christ in and among you, the hope and guarantee of [realizing the] glory**)*



We are in a privileged vantage point in history!

We have the biblical record of Jesus's time on earth. We have information and insights that most of the world of the Old Testament had no idea of.

However, we can still be challenged and inspired by some of the “saints of old” who had personal encounters with God before the life of Jesus on earth as recorded in the new testament.

Ancient insights from folk in the old testament



Ancient insights of the mystery in the old testament

We can see these looking back

- Abraham the father of our faith – **Genesis 22:8**
God will provide for Himself the lamb
- Jacob's ladder – **Genesis 28:17**
"Surely the Lord is in this place, and I did not know it."
- God's prophecy through Nathan to David – **1 Chron 17: 11, 12**
.. to one of your descendants after you ..
.. I will establish his throne forever ..
- Daniel's night vision of the future – **Daniel 7: 13,14**
to Him was given .. a kingdom .. which will not pass away;
- The genealogy of Noah **Genesis, chapter 5**



Genesis 5; Descendants of Adam NASB 1995 (abbreviated)

³ When Adam had lived one hundred and thirty years, he became the father of a son in his own likeness, according to his image, and named him Seth. ⁴ Then the days of Adam after he became the father of Seth were eight hundred years, and he had other sons and daughters. ⁵ So all the days that Adam lived were nine hundred and thirty years, and he died.

⁶ Seth lived one hundred and five years, and became the father of Enosh. ⁷ Then the days of Seth . .

⁹ Enosh lived ninety years, and became the father of Kenan. ¹⁰ Then the days of Enosh . .

¹² Kenan lived seventy years, and became the father of Mahalalel. ¹³ Then the days of Kenan . .

¹⁵ Mahalalel lived sixty-five years, and became the father of Jared. ¹⁶ Then the days of Enosh . .

¹⁸ Jared lived one hundred and sixty-two years, and became the father of Enoch. ¹⁹ Then the . .

²¹ Enoch lived sixty-five years, and became the father of Methuselah. ²² Then the days of Enoch . .

²⁵ Methuselah lived one hundred and eighty-seven years, and became the father of Lamech. ²⁴ Then . .

²⁸ Lamech lived one hundred and eighty-two years, and became the father of a son. ²⁹ Now he called his name Noah, saying, "This one will give us rest from our work . . .



Genesis 5; Descendants of Adam NASB 1995 (abbreviated)

³ When **Adam** had lived one hundred and thirty years, he became the father of a son in his own likeness, according to his image, and named him **Seth**. ⁴ Then the days of Adam after he became the father of Seth were eight hundred years, and he had other sons and daughters. ⁵ So all the days that Adam lived were nine hundred and thirty years, and he died.

⁶ Seth lived one hundred and five years, and became the father of **Enosh**. ⁷ Then the days of Seth . .

⁹ Enosh lived ninety years, and became the father of **Kenan**. ¹⁰ Then the days of Enosh . .

¹² Kenan lived seventy years, and became the father of **Mahalalel**. ¹³ Then the days of Kenan . .

¹⁵ Mahalalel lived sixty-five years, and became the father of **Jared**. ¹⁶ Then the days of Enosh . .

¹⁸ Jared lived one hundred and sixty-two years, and became the father of **Enoch**. ¹⁹ Then the . .

²¹ Enoch lived sixty-five years, and became the father of **Methuselah**. ²² Then the days of Enoch . .

²⁵ Methuselah lived one hundred and eighty-seven years, and became the father of **Lamech**. ²⁴ Then . .

²⁸ Lamech lived one hundred and eighty-two years, and became the father of a son. ²⁹ Now he called his name **Noah**, saying, "This one will give us rest from our work . . .



GENEALOGY FROM ADAM TO NOAH

Hebrew Name

English Meaning

Adam	Man
Seth	Appointed
Enosh	Mortal
Kenan	Sorrow
Mahalalel	The Blessed God
Jared	Shall come down
Enoch	Teaching
Methuselah	His death shall bring
Lamech	Despairing
Noah	Rest, or comfort

The Underlying message: *“Man (is) appointed mortal sorrow; (but) the Blessed God shall come down teaching (that) His death shall bring (the) despairing rest.” (Chuck Missler)*

In what is considered the oldest book in the bible

The story of Job; a righteous man who

- was blessed by God with 10 children and 1,000's of livestock
- prayed earnestly for his family
- God allowed Satan to test Him
 - at first Job lost everything he had except his wife; then
 - lost his health and was tormented with sores and boils
- was “comforted” by his friends who couldn’t help him; then
- had a personal encounter with God; and
- was restored to have twice as much as he had lost



During his trials Job made 3 stunning declarations

First – when he had lost all his children and his Livestock

²⁰ . . . Job arose and tore his robe and shaved his head, and he fell to the ground and worshiped. ²¹ He said,

*“Naked I came from my mother’s womb,
And naked I shall return there.*

*The LORD gave and the LORD has taken away.
Blessed be the name of the LORD.”*

Job 1:20-21 (NASB 1995)



Second – in the middle of his physical torment

*²⁵ I know that my redeemer lives,
and that in the end he will stand on the earth.*

*²⁶ And after my skin has been destroyed,
yet in my flesh I will see God;*

*²⁷ I myself will see him
with my own eyes—I, and not another.
How my heart yearns within me!*

Job 19:25-27 (NIV)



SONG:

**For I
know my
redeemer
lives.**

Crystal Lewis

For I know my redeemer lives
and in the end He will stand on the earth
For I know my redeemer lives
and in the end He will reign on the earth

Though my flesh it be destroyed
yet with my eyes I will see God

For I know that my redeemer lives
and I will stand with Him on that day
For I know that my redeemer lives
and I will stand with Him on that day



Job's third declaration – after God visited him

³ *... I have declared that which I did not understand,
Things too wonderful for me, which I did not know."*

⁴ *'Hear, now, and I will speak;
I will ask You, and You instruct me.'*

⁵ *"I have heard of You by the hearing of the ear;
But now my eye sees You;*

⁶ *Therefore I retract,
and I repent in dust and ashes."* Job 42:3-6



A personal encounter with God

. . if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; Romans 10:9

