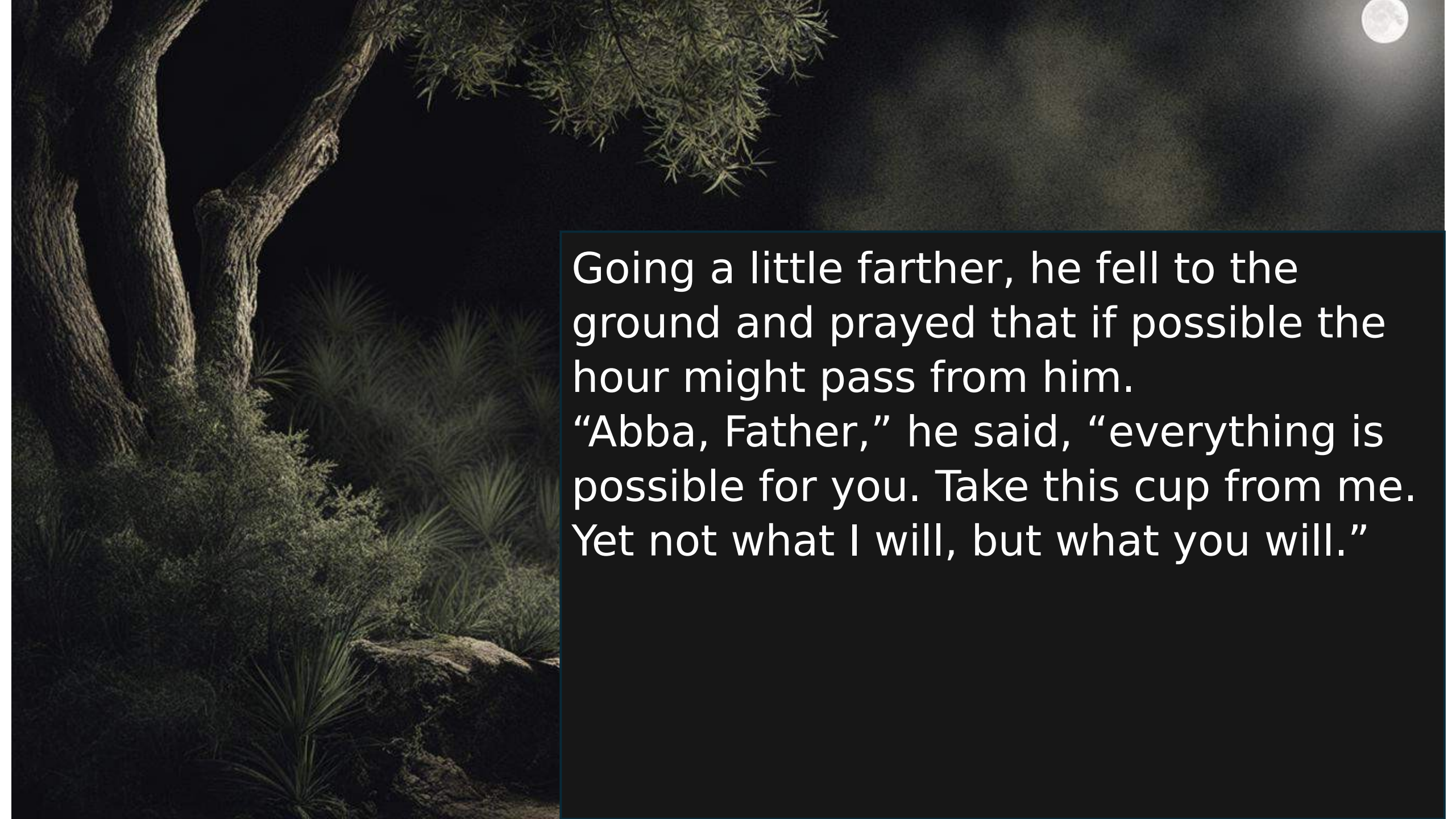
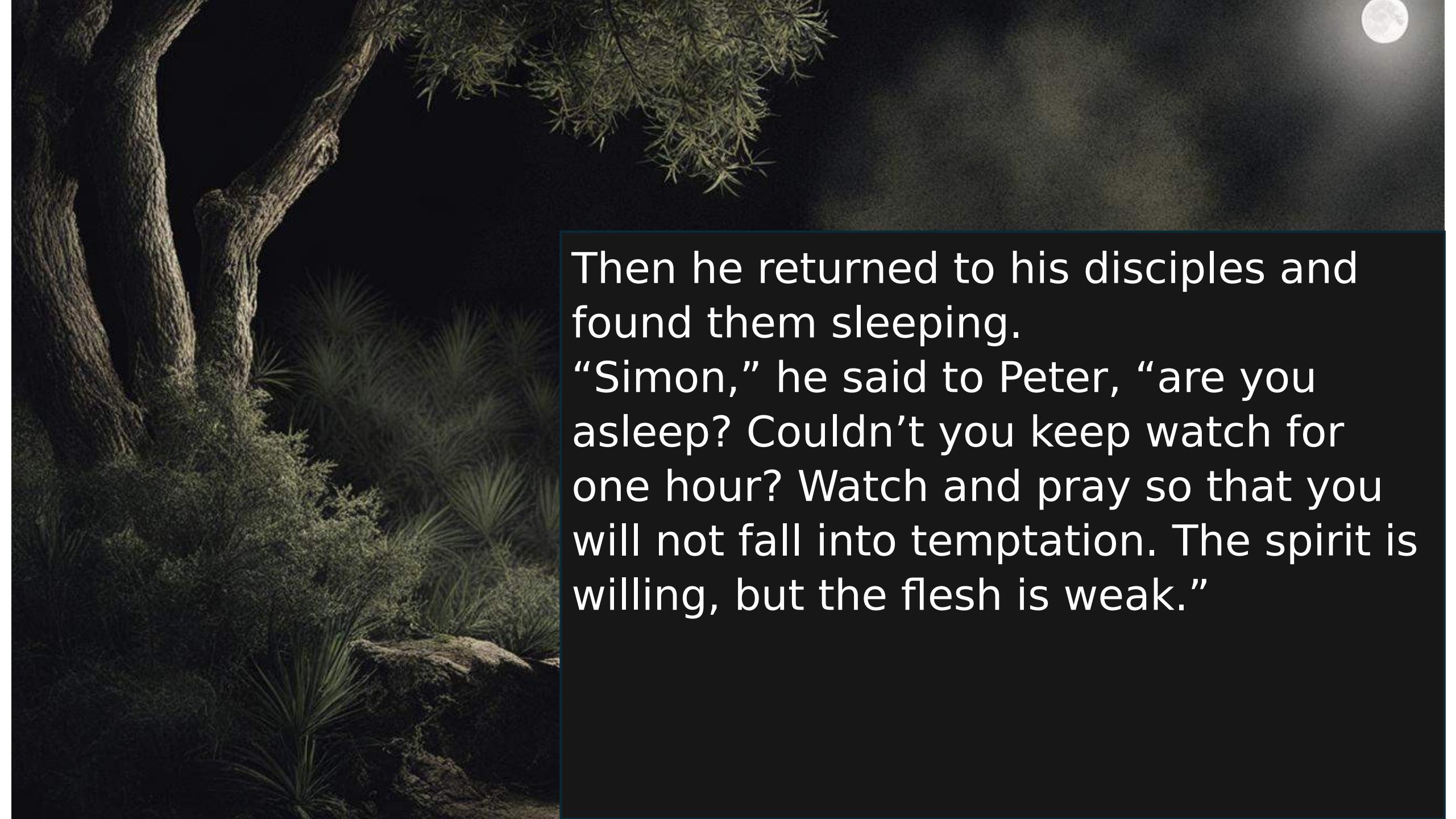


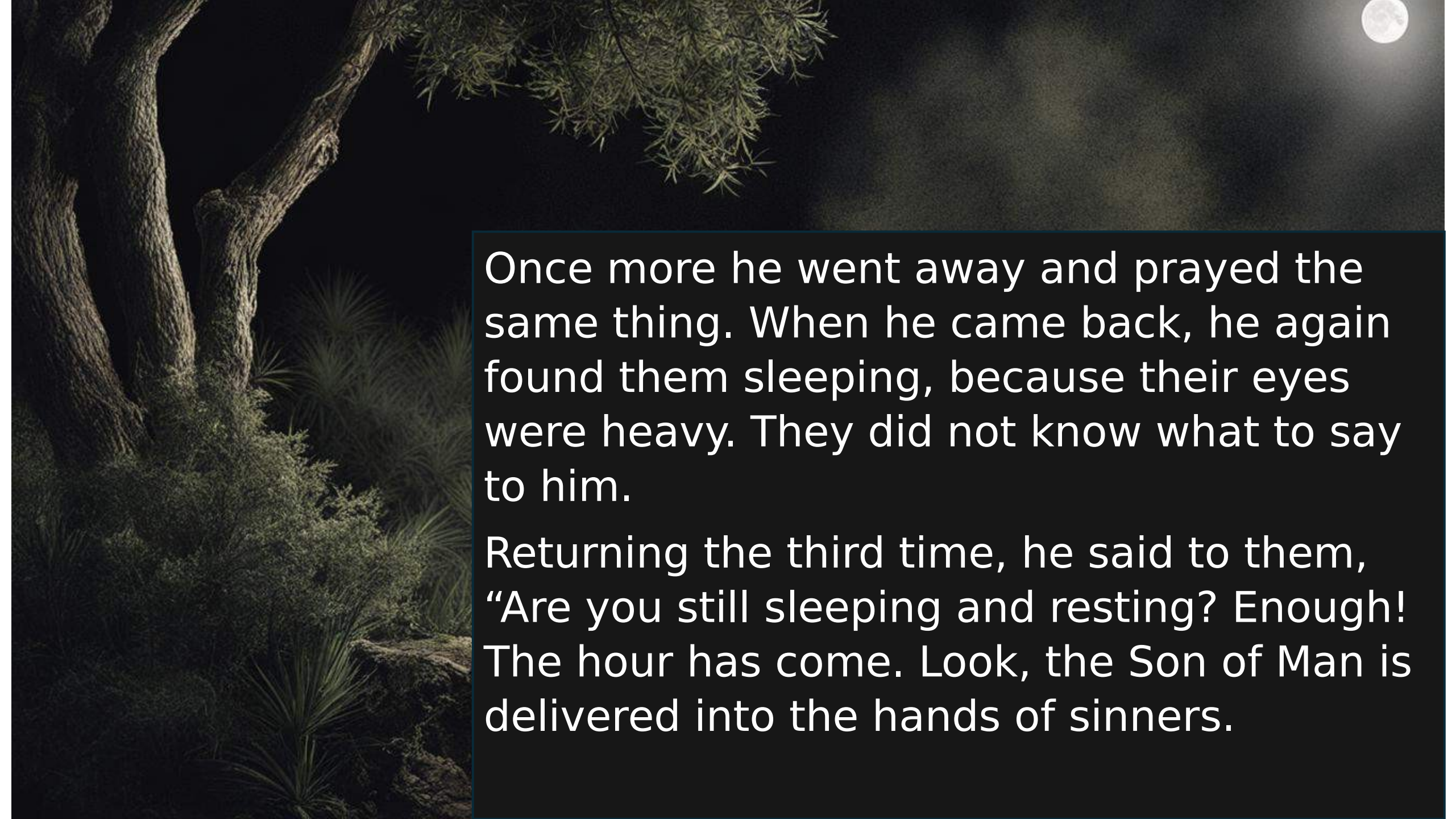
They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." He took Peter, James and John along with him, and he began to be deeply distressed and troubled. "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."



Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him.
“Abba, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”



Then he returned to his disciples and found them sleeping.
“Simon,” he said to Peter, “are you asleep? Couldn’t you keep watch for one hour? Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”



Once more he went away and prayed the same thing. When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him.

Returning the third time, he said to them, "Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners.



REMAIN



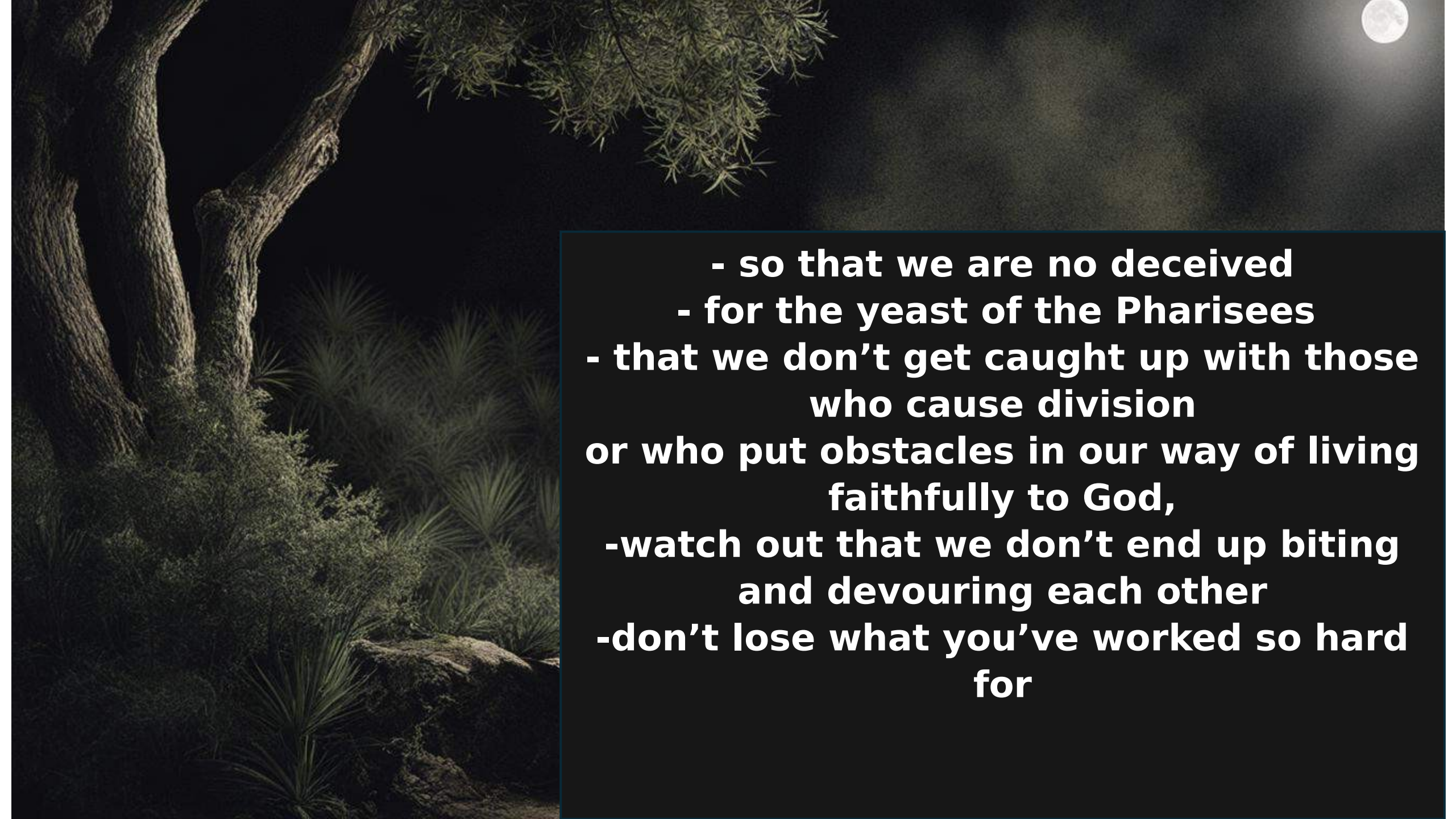
REMAIN

**Remain in me
Remain in my love**



REMAIN

WATCH



**- so that we are no deceived
- for the yeast of the Pharisees
- that we don't get caught up with those
who cause division
or who put obstacles in our way of living
faithfully to God,
-watch out that we don't end up biting
and devouring each other
-don't lose what you've worked so hard
for**

A night scene featuring a large, gnarled tree on the left side, its branches extending towards the top center. The background is a dark, starry night sky with a full moon in the upper right corner. In the foreground, there are several spiky plants, possibly agaves or yuccas, illuminated by a soft light. A large, dark rectangular box with a thin blue border is positioned on the right side of the image, containing three lines of white text.

REMAIN

WATCH

PRAY



Prayer requires

***that we stand in God's presence
with open hands, naked and vulnerable,
proclaiming to ourselves and to others
that without God
we can do nothing.***

***As disciples,
we find not some but all of our
strength, hope, courage, and confidence
in God.***

***Therefore, prayer must be our first
concern.***

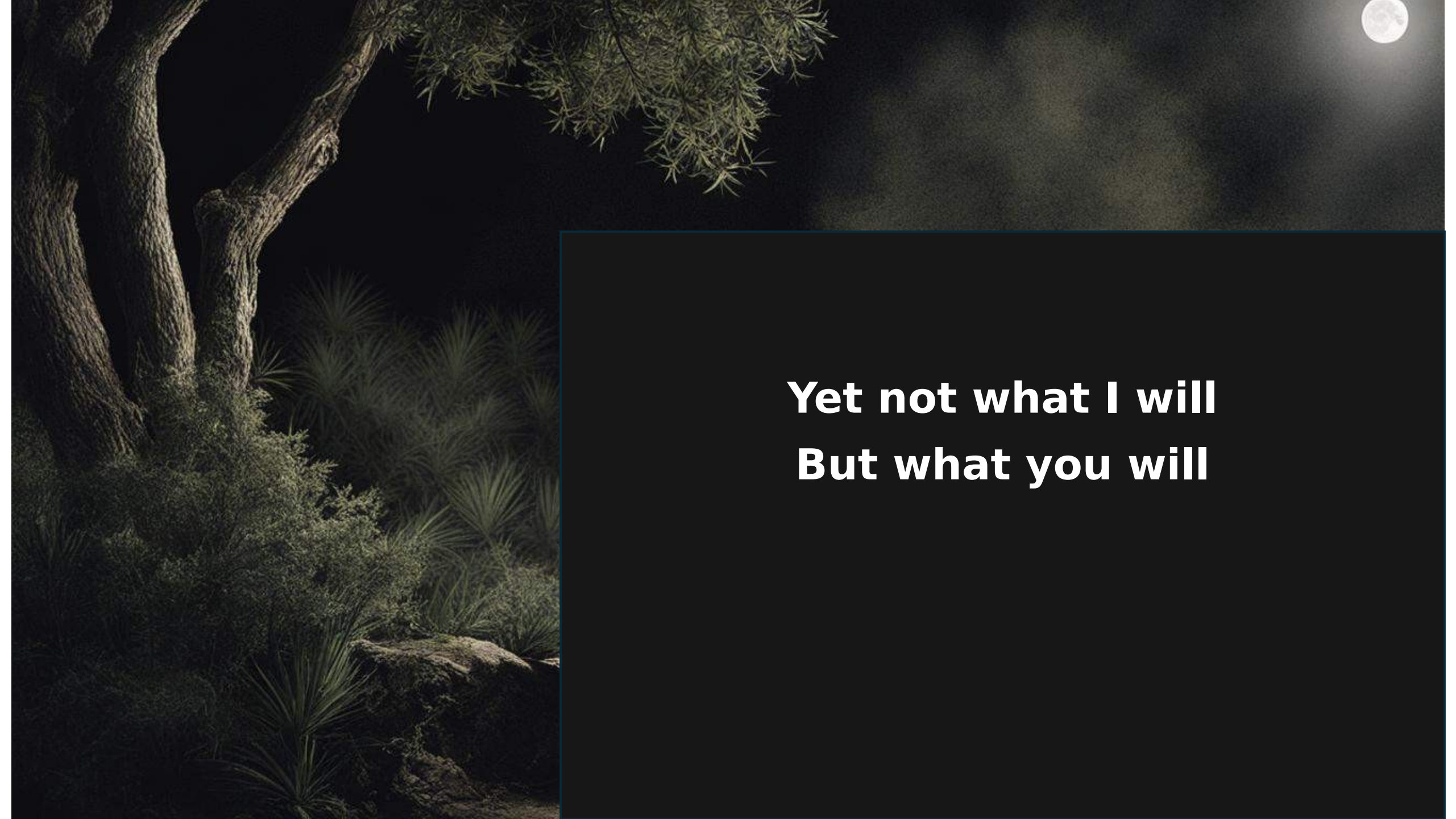


REMAIN

WATCH

PRAY

TEMPTATION



**Yet not what I will
But what you will**



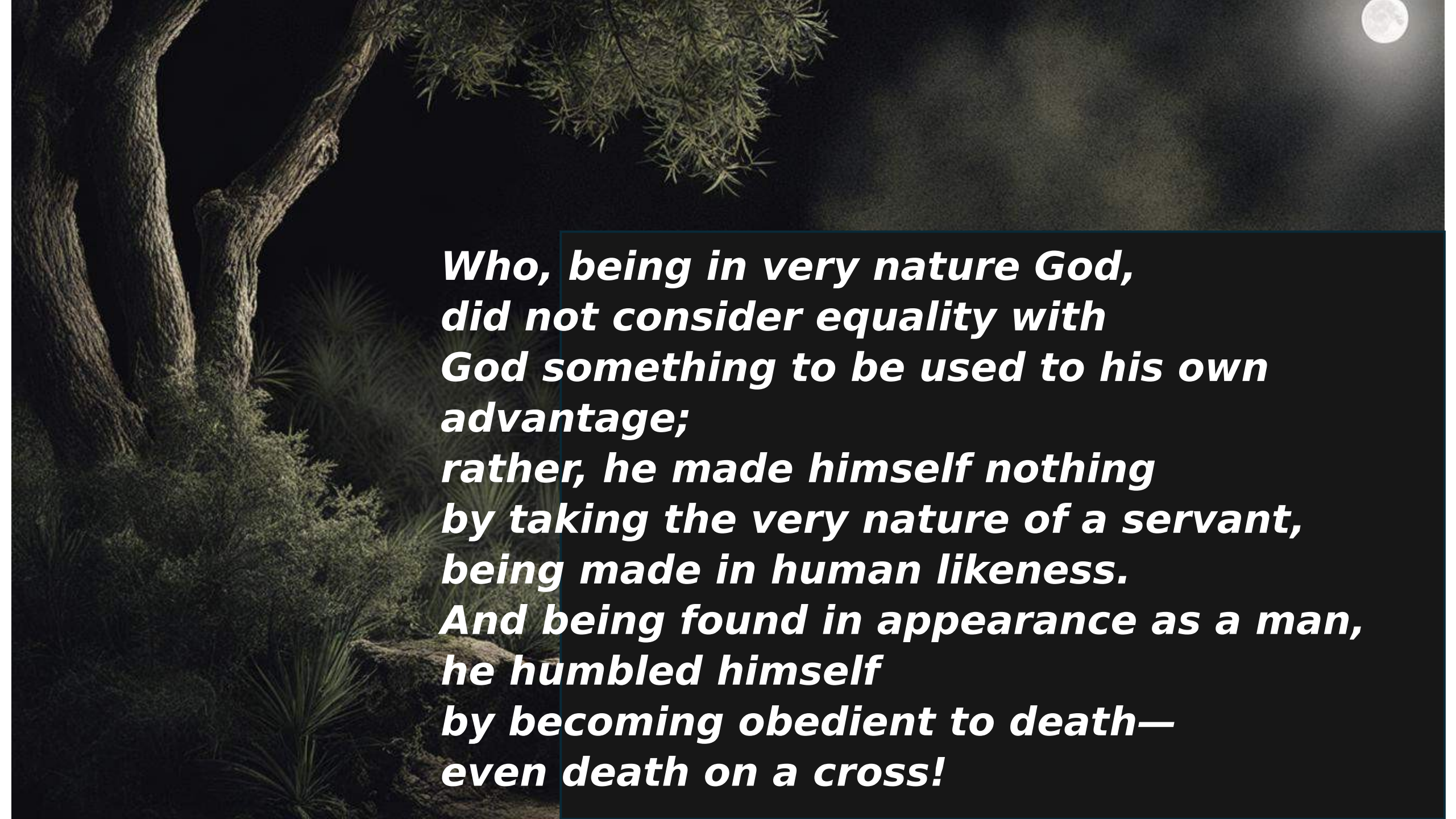
REMAIN

WATCH

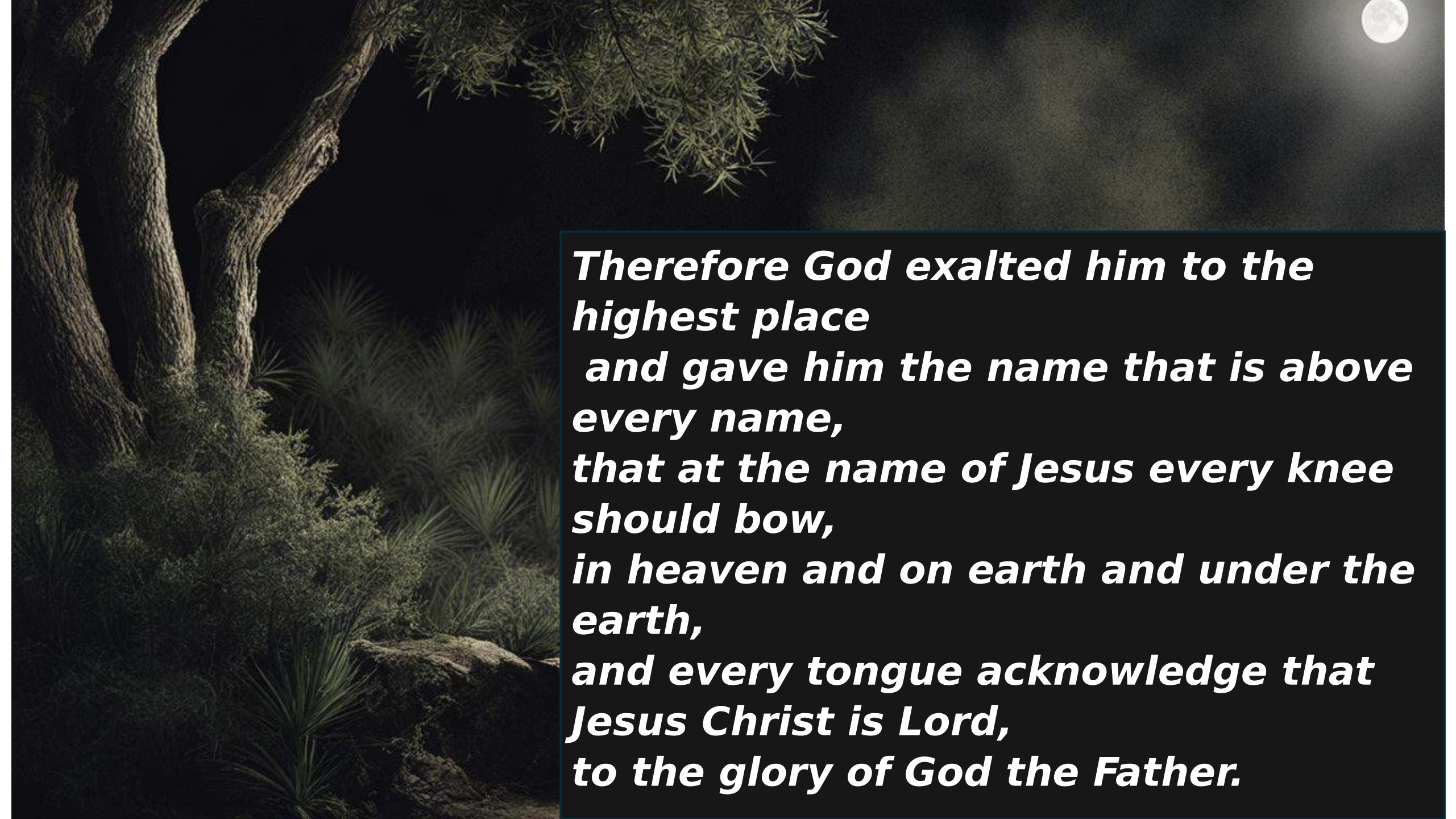
PRAY

TEMPTATION

SURRENDER



***Who, being in very nature God,
did not consider equality with
God something to be used to his own
advantage;
rather, he made himself nothing
by taking the very nature of a servant,
being made in human likeness.
And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross!***



***Therefore God exalted him to the highest place
and gave him the name that is above every name,
that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,
and every tongue acknowledge that Jesus Christ is Lord,
to the glory of God the Father.***

