

1 Corinthians 11:23-26 (NASB 1995)

²³ . . . the Lord Jesus in the night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, "This is My body, which is for you; **do this in** remembrance of Me."

²⁵ In the same way He took the cup also after supper, saying, "This cup is the new covenant in My blood; **do this**, as often as you drink it, **in remembrance of Me**."

²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.

Remembrance – remembering, recalling, recollecting, reminiscing, mental image.

Three ways of doing this that you may like to try

Prayer	Praise	Worship
Involves talking to God and God talking to you. (Includes listening!)	Thanking God	Adoring God,
	for the things	not so much
	he has done, is	for what He
	doing, and is	has done, but
	going to do.	for who He is.

(Definitions from Selwyn Hughes in Every Day With Jesus)

