

Psalm 31

- 1 In you, Lord, I have taken refuge; let me never be put to shame; deliver me in your righteousness.
- 2 Turn your ear to me, come quickly to my rescue;
- be my rock of refuge, a strong fortress to save me.
- 3 Since you are my rock and my fortress, for the sake of your name lead and guide me.

- 4 Keep me free from the trap that is set for me, for you are my refuge.
- 5 Into your hands I commit my spirit; deliver me, Lord, my faithful God.
- 6 I hate those who cling to worthless idols; as for me, I trust in the Lord.
- 7 I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul.
- 8 You have not given me into the hands of the enemy but have set my feet in a spacious place.



The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change

the things I can, and the wisdom to know the difference



Satan's angel did his best to get me down; what he in fact did was push me to my knees. No danger then of walking around high and mighty! At first, I didn't think of it as a gift, and begged God to remove it. Three times I did that, and then he told me,

My grace is enough; it's all you need. My strength comes into its own in your weakness.

Once I heard that, I was glad to let it happen. I quit focusing on the handicap and began appreciating the gift. It was a case of Christ's strength moving in on my weakness. Now I take limitations in stride, and with good cheer, these limitations that cut me down to size—abuse, accidents, opposition, bad breaks. I just let Christ take over! And so, the weaker I get, the stronger I become.