



**L I F E**

***in/through/with/by***

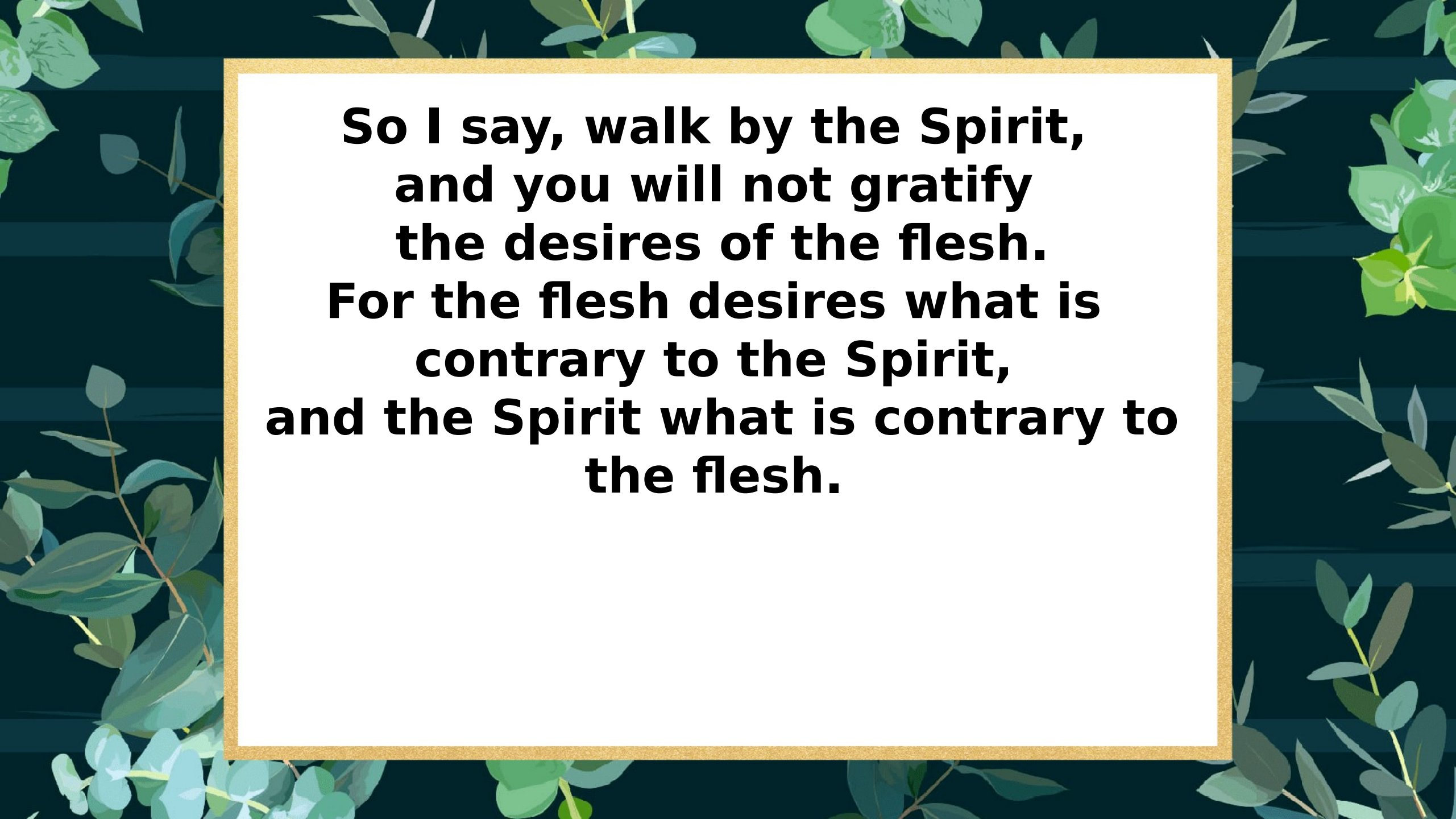
**the Spirit of God**

The background features a dark teal color with horizontal stripes. It is decorated with various green leaves and branches, including some with small white flowers, framing the central text. A gold-colored border surrounds the white text area.

**Conflict resolution?**

**Conflict between  
the  
flesh and the Spirit**





**So I say, walk by the Spirit,  
and you will not gratify  
the desires of the flesh.  
For the flesh desires what is  
contrary to the Spirit,  
and the Spirit what is contrary to  
the flesh.**

**They are in conflict with each other,  
so that you are not to do whatever you want.  
But if you are led by the Spirit,  
you are not under the law.**

**Galatians 5:16-18 NIV**



**What does 'flesh' mean?**

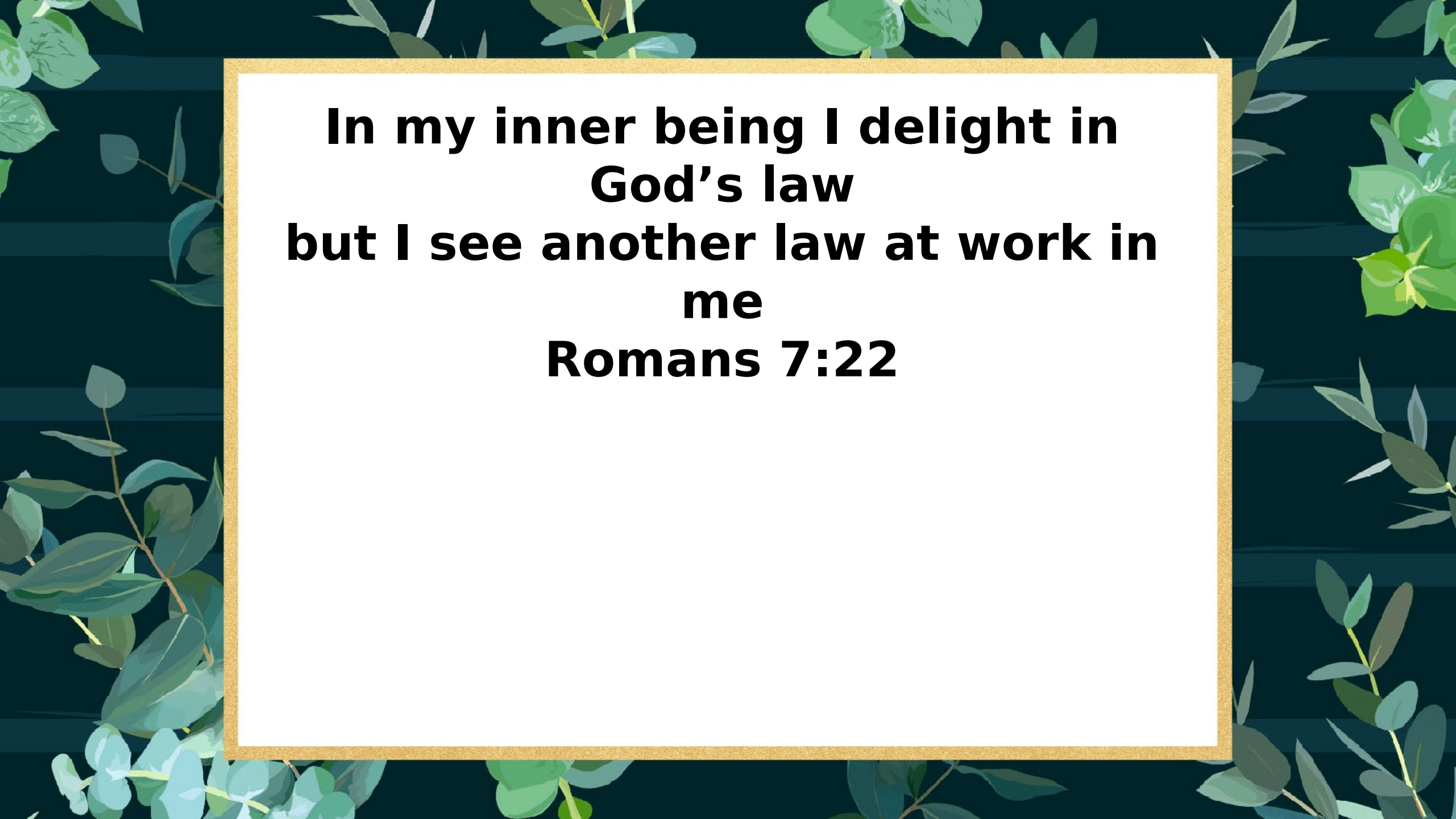
**Why is the flesh in contrast to  
the Spirit ?**

**Paul understood the  
conflict of the flesh and the  
Spirit**

**I don't understand what I do..  
Because what I want to do  
I do not do  
yet what I hate - I do! Rom 7:15**

**For I do not do the good I want to do  
but the evil I do not want to do  
this I do! Rom 7:20**





**In my inner being I delight in  
God's law  
but I see another law at work in  
me  
Romans 7:22**



**With the arrival of Jesus, the  
Messiah, that fateful dilemma is  
resolved.**

**Those who enter into Christ's  
being-here-for-us no longer  
have to live under a continuous,  
low-lying black cloud.**

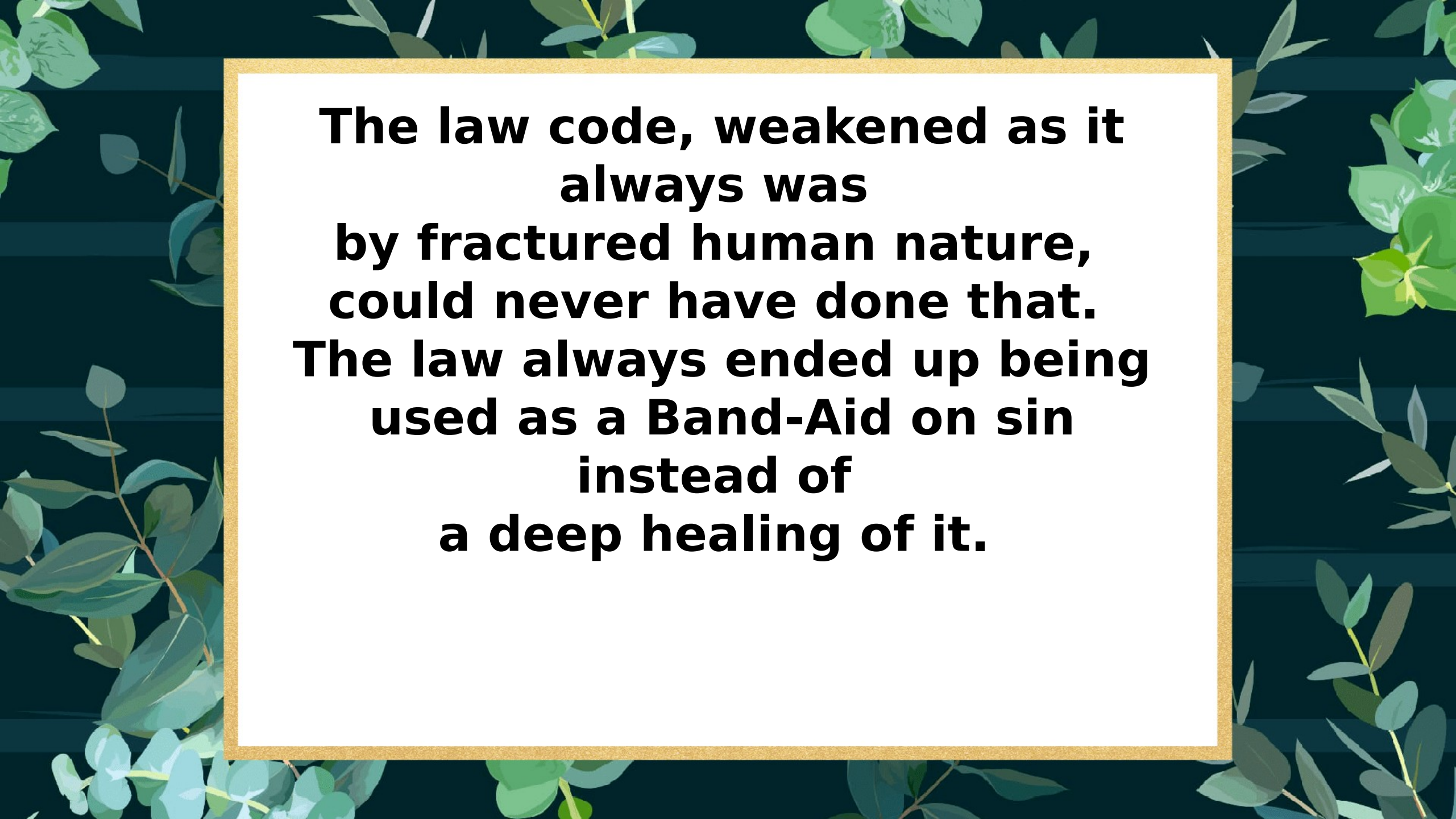


**A new power is in operation. The Spirit of life in Christ, like a strong wind, has magnificently cleared the air, freeing you from a fated lifetime of brutal tyranny at the hands of sin and death. God went for the jugular when he sent his own Son.**

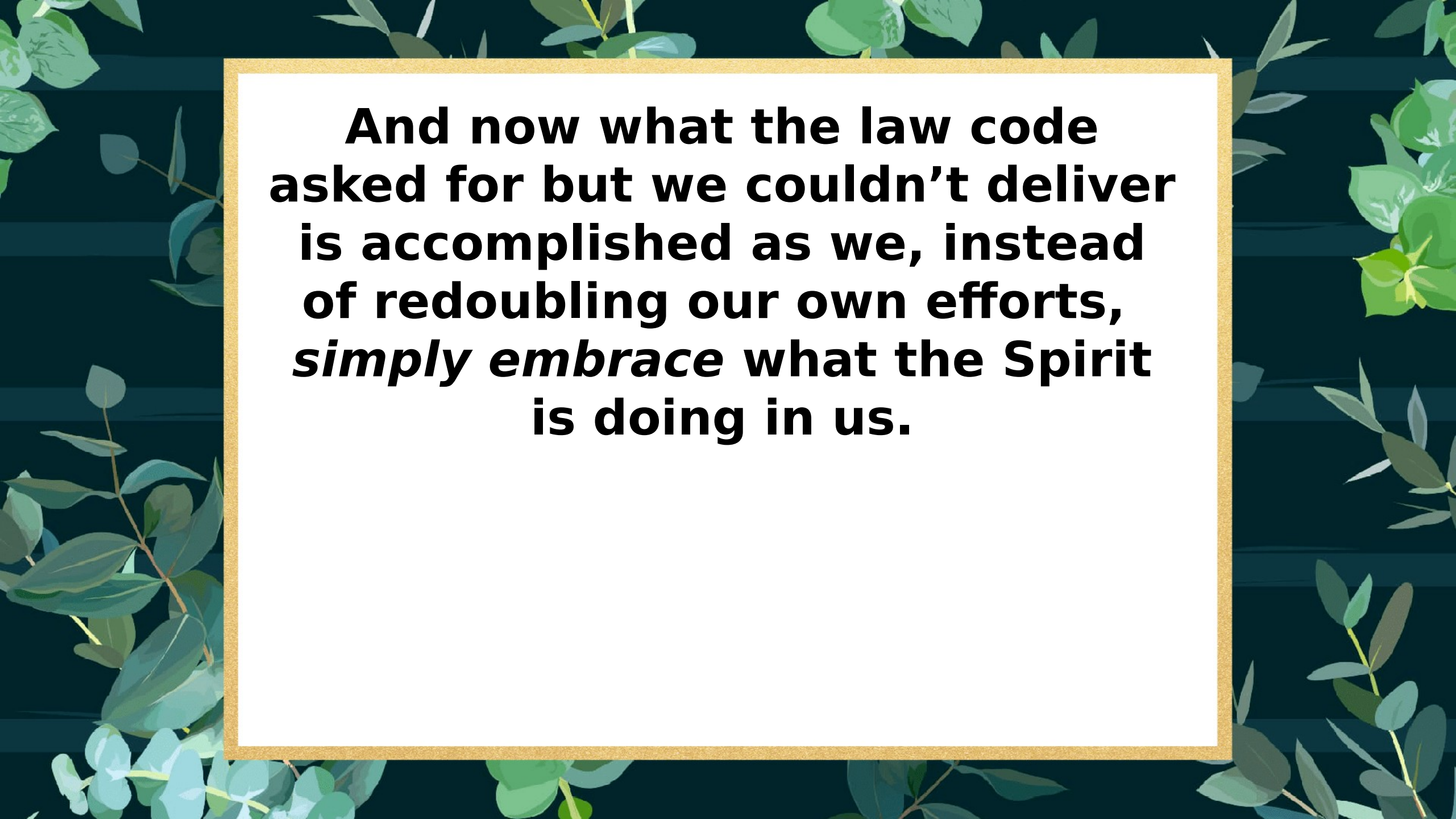
**He didn't deal with the problem  
as something remote and  
unimportant.**

**In his Son, Jesus, he personally  
took on the human condition,  
entered the disordered mess of  
struggling humanity in order to  
set it right once and for all.**



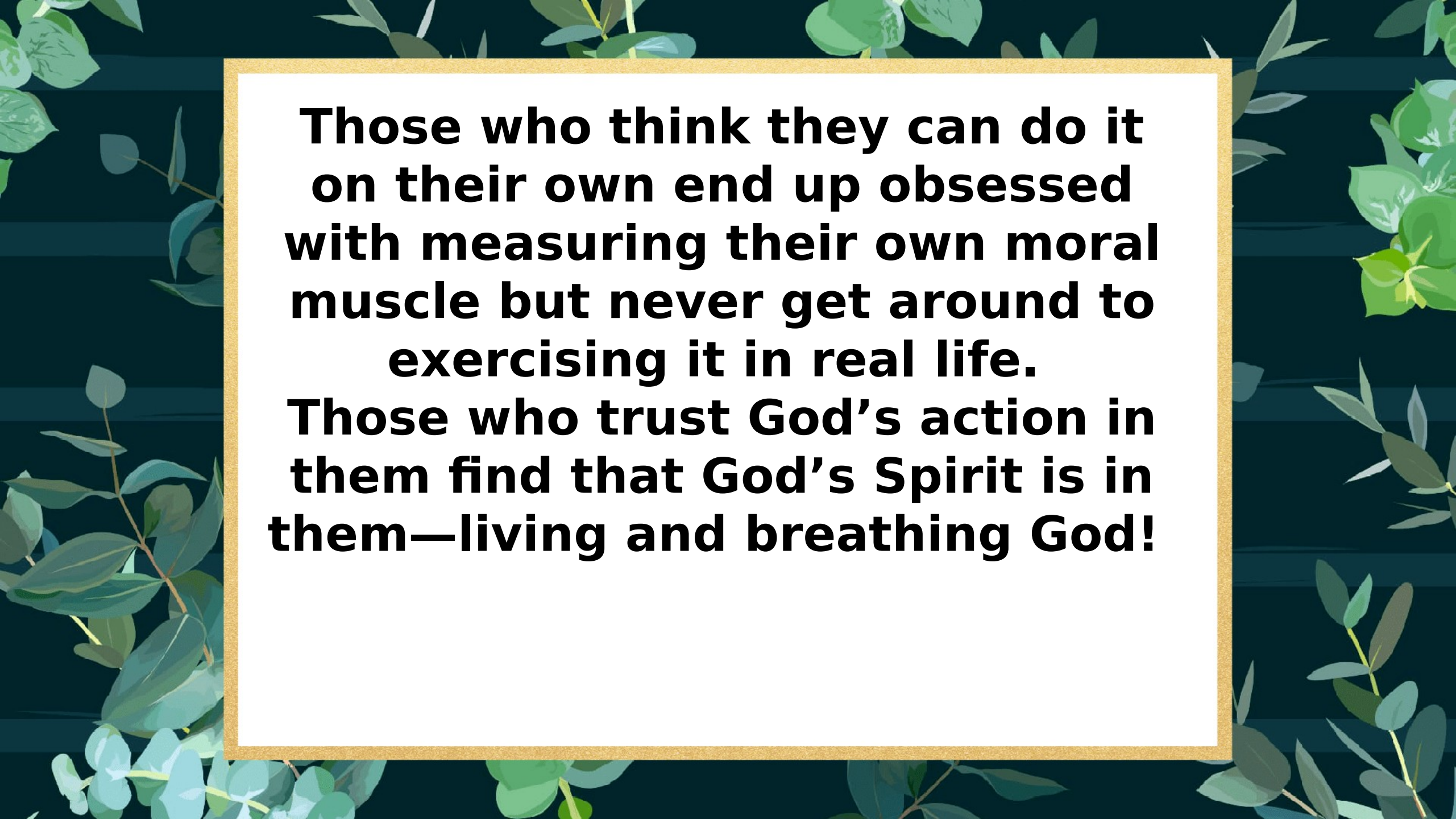


**The law code, weakened as it  
always was  
by fractured human nature,  
could never have done that.  
The law always ended up being  
used as a Band-Aid on sin  
instead of  
a deep healing of it.**



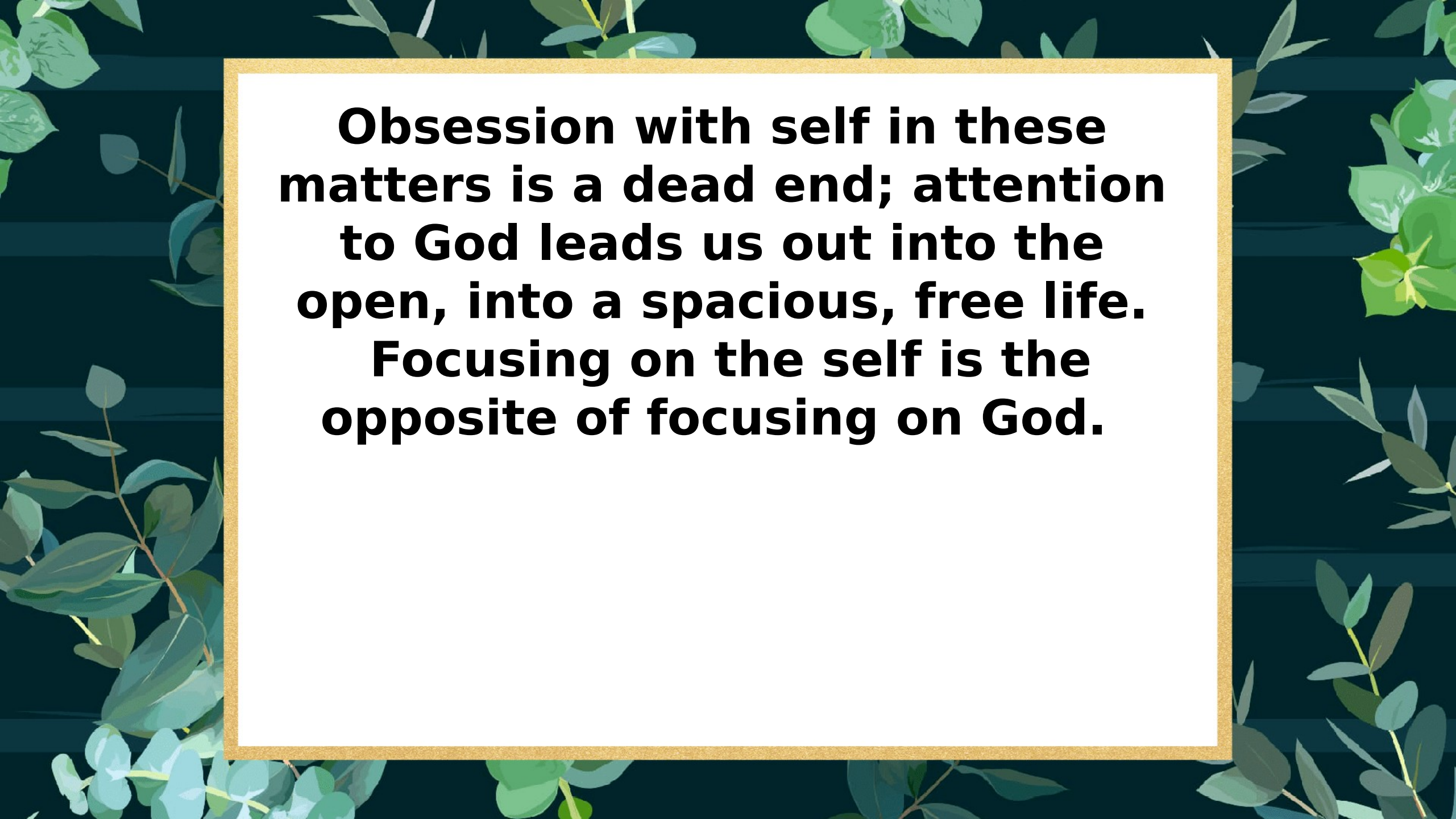
**And now what the law code  
asked for but we couldn't deliver  
is accomplished as we, instead  
of redoubling our own efforts,  
*simply embrace* what the Spirit  
is doing in us.**





**Those who think they can do it  
on their own end up obsessed  
with measuring their own moral  
muscle but never get around to  
exercising it in real life.**

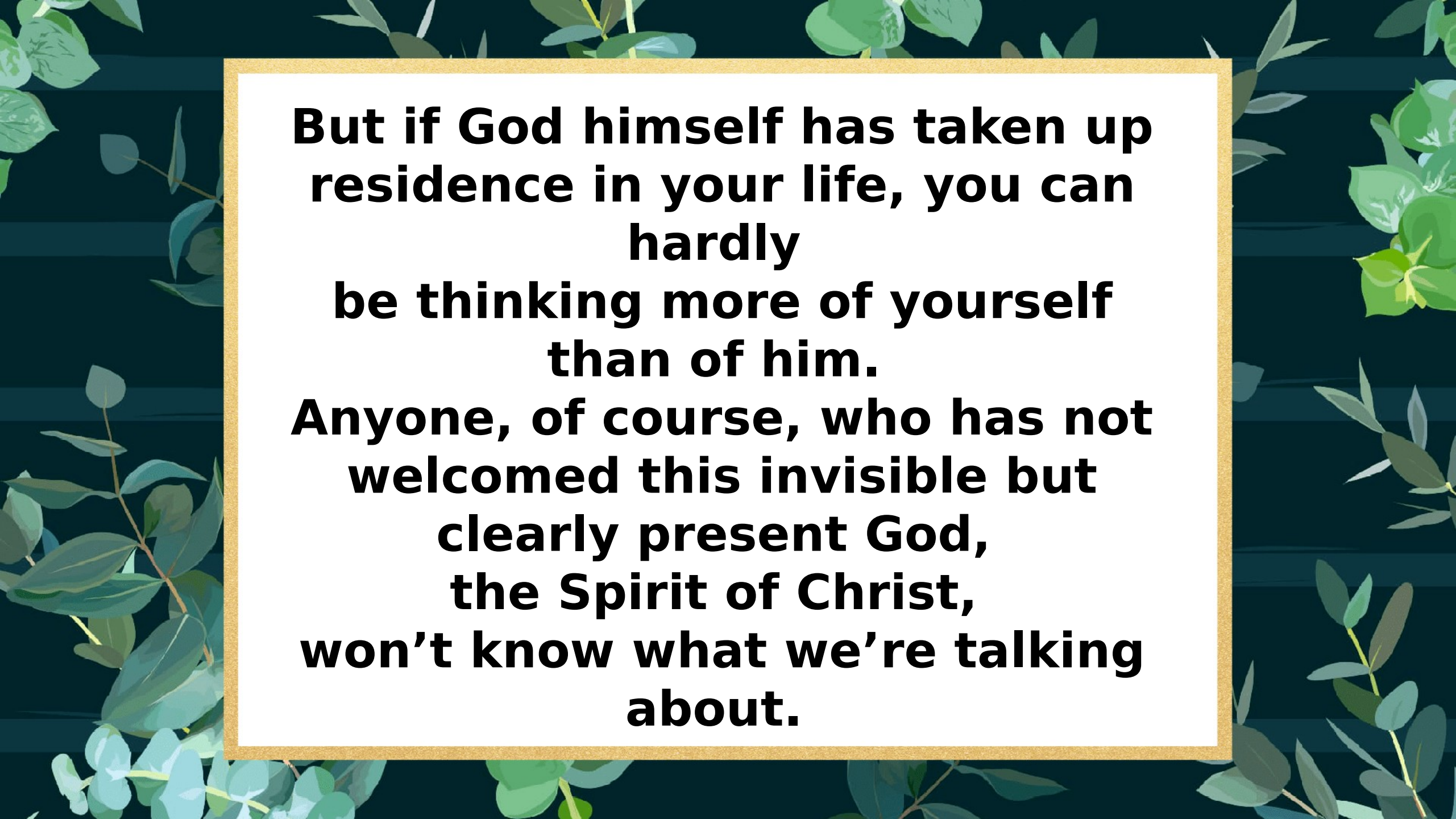
**Those who trust God's action in  
them find that God's Spirit is in  
them—living and breathing God!**



**Obsession with self in these matters is a dead end; attention to God leads us out into the open, into a spacious, free life. Focusing on the self is the opposite of focusing on God.**



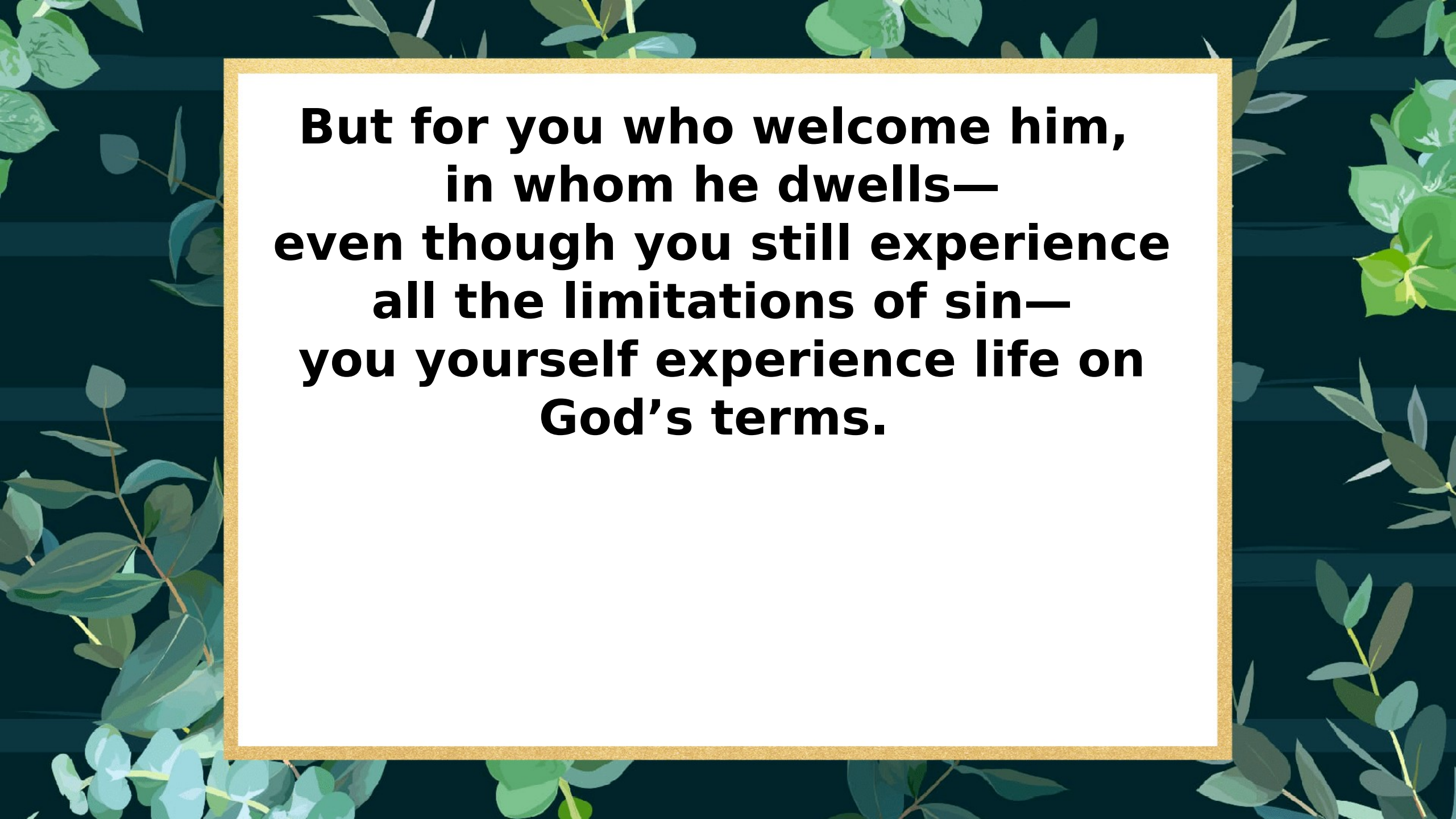
**Anyone completely absorbed in  
self  
ignores God, ends up thinking  
more  
about self than God.  
That person ignores who God is  
and  
what he is doing.  
And God isn't pleased at being  
ignored.**



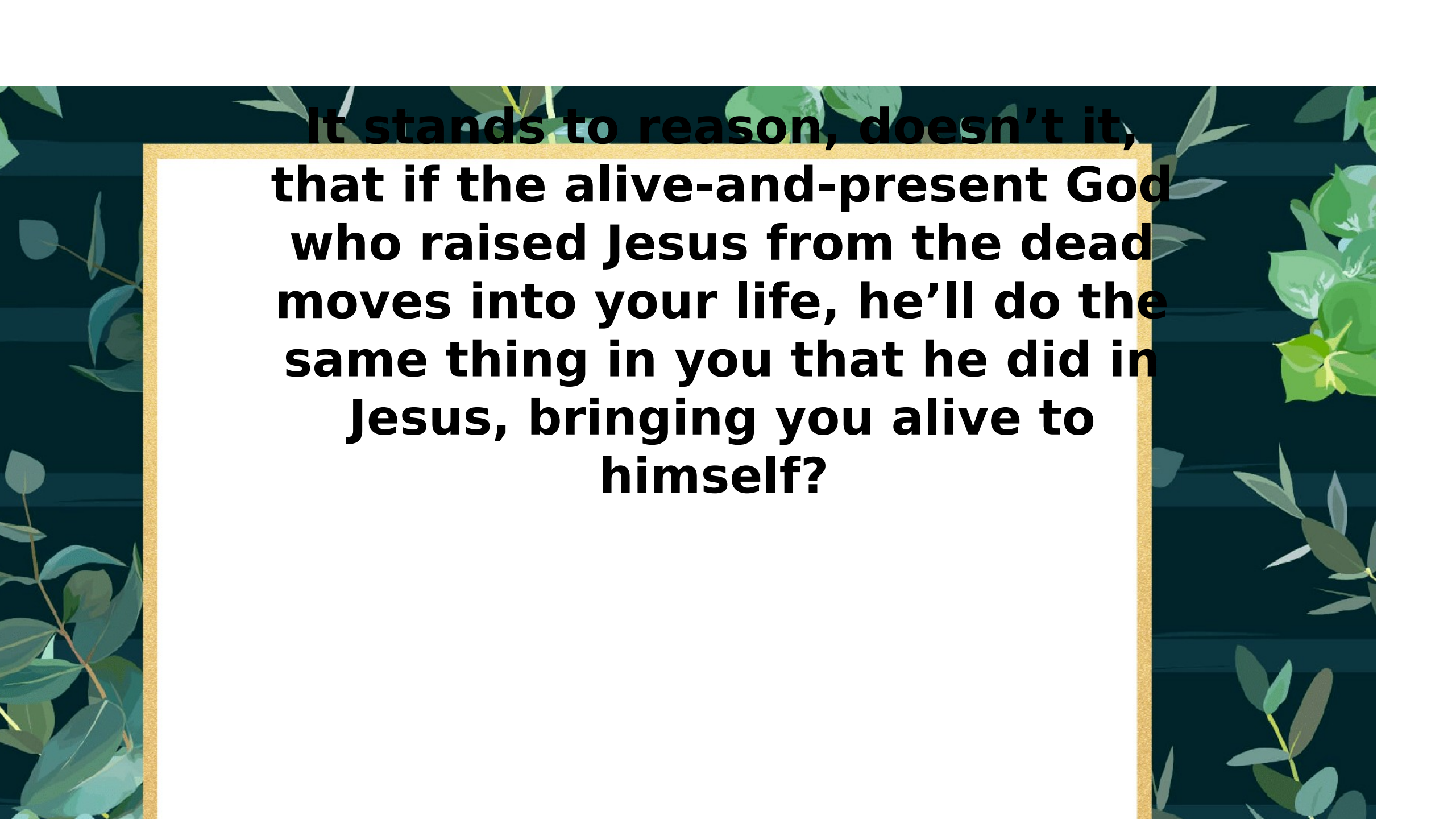
**But if God himself has taken up  
residence in your life, you can  
hardly  
be thinking more of yourself  
than of him.**

**Anyone, of course, who has not  
welcomed this invisible but  
clearly present God,  
the Spirit of Christ,  
won't know what we're talking  
about.**





**But for you who welcome him,  
in whom he dwells—  
even though you still experience  
all the limitations of sin—  
you yourself experience life on  
God's terms.**



**It stands to reason, doesn't it,  
that if the alive-and-present God  
who raised Jesus from the dead  
moves into your life, he'll do the  
same thing in you that he did in  
Jesus, bringing you alive to  
himself?**



**When God lives and breathes in  
you**

**(and he does, as surely as he  
did in Jesus), you are delivered  
from that dead life. With his  
Spirit living in you, your body  
will be as alive as Christ's!**

**So don't you see that we don't  
owe this old do-it-yourself life  
one red cent.**

**There's nothing in it for us,  
nothing at all. The best thing to  
do is give it a decent burial and  
get on with your new life.**

**God's Spirit beckons.  
There are things to do and  
places to go!**



**This resurrection life you  
received from God is not a timid,  
grave-tending life.**

**It's adventurously expectant,  
greeting God with a childlike  
"What's next, Papa?"**

**God's Spirit touches our spirits  
and confirms who we really are.  
We know who he is, and we know  
who we are: Father and children.  
Romans 8:1-16 (MSG)**

# **Conflict**

**Life according to the flesh**

**v**

**Life in the Spirit**

**So how do we walk by the Spirit?**



# **The ABC'S**

## **Of walking by the Spirit**



**The ABC'S**

**Of walking by the Spirit**

**A - Attention**



**Anyone completely absorbed in  
self  
ignores God, ends up thinking  
more  
about self than God.  
That person ignores  
WHO GOD IS  
AND WHAT HE IS DOING.  
And God isn't pleased at being  
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**Of walking by the Spirit**

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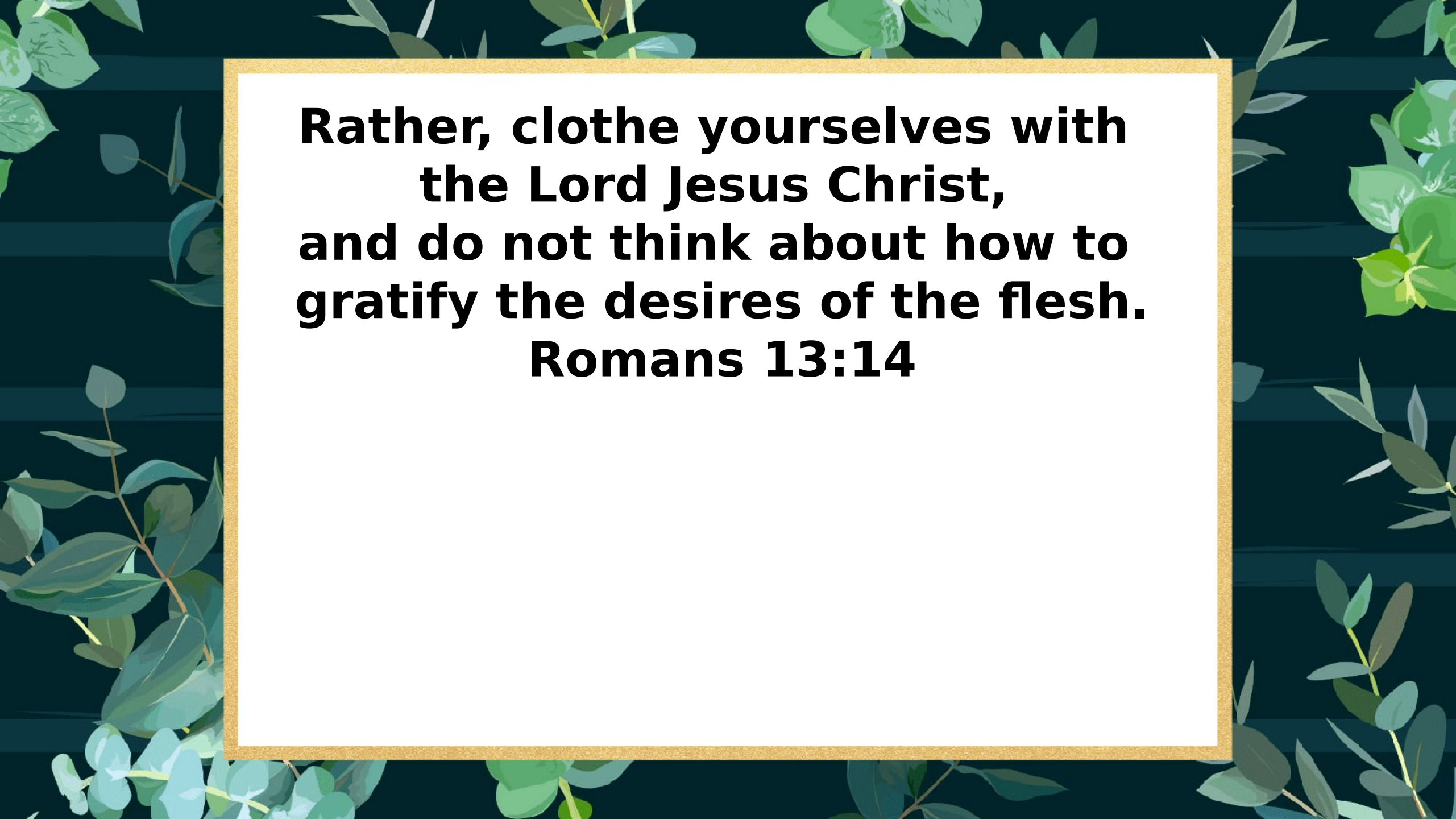


# **The ABC'S**

## **Of walking by the Spirit**

**A - Attention**

**B - Behave in keeping with the  
Spirit**



**Rather, clothe yourselves with  
the Lord Jesus Christ,  
and do not think about how to  
gratify the desires of the flesh.  
Romans 13:14**



# **The ABC'S**

## **Of walking by the Spirit**

**A - Attention**

**B - Behave in keeping with the  
Spirit**

**C - Choose**

# **The ABC'S**

## **Of walking by the Spirit**

**A - Attention**

**B - Behave in keeping with the  
Spirit**

**C - Choose**


**S - Sow into the Spirit**



**Battle weary -  
conflict eats away at us  
Overwhelmed by the effort -  
and live a disappointed Christian  
life**

**Grin and bear it -  
but our faith and our hope slowly  
eek away**

**We give up -  
too hard, didn't work for me**



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