

Living with Gospel Shaped Eyes

Loving to forgive so we can forgive to love

Read Ephesians 4: 32

What are we instructed to do in this verse?

Discuss Matthew 6:9-15

Can we limit how much forgiveness we receive from God?

Discuss some of the reasons why we don't forgive. Have you any examples, incidents in your life you are willing to share?

Read Matthew 22:36-40 and John 13:34-35.

What are the greatest commandments? What are we called to do?

According to Romans 5:8, how does Jesus love us?

According to Romans 5:5, what has been poured into our hearts?

Loving our neighbour as we love ourselves?

In his book "Mere Christianity" C S Lewis says we love ourselves by "forgiving" ourselves. In other words; getting on with life even if we do things we don't like or are embarrassed by. What is the relevance of this in terms of how we treat others?

In Luke 23:33-34 and Acts 7:59-60 how do Jesus and Stephen react to those who are wrongfully treating them? What impact do you think Stephen's witness had on the Apostle Paul?

Read Mark 8:34-36 and Romans 12:1-2.

What are the similarities between these passages? What are we called to do? How does it apply to loving people who wrong us?

Read 1 John 1:8-10

What releases forgiveness in our lives and what does it lead to? Where is forgiveness sourced from and how much is available to us?

It has been said "Not forgiving someone is like drinking poison and then expecting that person to die." How is forgiving good for our health and wellbeing?

Ephesians 4:29-32

This passage includes a number of instructions on how we should act and behave. How does forgiveness play a role in some of these?

Can we love to forgive? If so, how would we get to this point? What are the results when we do?